



Annual Interact Report 2018-19

1. Saarthi - School Mentoring

Saarthi is a school mentorship programme aimed at mentoring underprivileged schools on the grounds of spreading awareness about Environment conservation and other social issues. We also facilitate in the teaching-learning process and encourage creativity. It is one of the 'Annual Initiatives' of our club since 2015. We have adopted three Mentee schools located in Vasant Kunj.

Saarthi is a long engagement with the schools and aims at creating relationships at all levels through well designed interventions. The idea behind the programme is not only to build capacities of beneficiary schools but also to inculcate leadership traits and emotional quotient within our students.

Teaching-Learning process (subjects): Elementary Mathematics English, Life Skills, and other subjects that the school would like help in. **Generating awareness:** by conducting activities to spread awareness about Environment degradation & conservation, Sanitation, Waste management, Pollution & other related topics.

The Interactors also identified issues faced by the mentee school's students and try to solve these problems constructively. We organized collection drives in school and neighbouring areas to collect old clothes, books, unused stationery, toys etc. for the underprivileged children there. Our club has devoted over 100 hours to the project in 2018-19 and received the Governor's Award of Excellence for "Outstanding Interact Project" for the same in June 2017.



The Interact Club of DPS Vasant Kunj, New Delhi (India) and Lycée Saint Marie, Caen (France) collaborated to work together on Saarthi with their organization Children of India and created a proposal to invite sponsorship for the same.

The French students spent a day at the underprivileged school during their cultural exchange trip to India in October 2018, they also contributed to our collection drive and donated clothes and stationery to the students there. Saarthi inspired them to form their own organization called **Children of India**.

The proposal includes needs of our project (keeping in mind the condition of the adopted school) and aims to raise funds for desk, lights, water purification systems, uniforms, mid-day meals etc. The proposal is supported by Body Mass Index analysis (height, weight & age data) of about 170 children of the adopted schools, collected by the Interact President of 2018-19 as a part of a Biology Project.

The proposal has received overwhelming response from French institutions, and families of the French students, and has successfully generated funds for our project. These will soon be used for the betterment of the adopted schools.



3. Visits to Old Age Home-Saathi

Members of the Interact Club of DPS Vasant Kunj visited the Old Age Home to spend time with the elderly people there, and give them company. They also took sweets, & other items with them during festive season (Diwali, Holi, etc.).

The project aims to make people more empathetic towards the abandoned elderly citizens of our society and children learn about the saddening reality of outside world, which they may be oblivious to.

They also organized collection drives for basic necessities (dry ration, sanitary products, clothes, etc) to donate the same to the Old-age home. Our club has devoted about 50 hours to the project.



4. Vasundhara 2018

Annual Environment Festival 2018 "Vasundhara : Celebrating Colours of the Earth"

The Interact Club of DPS Vasant Kunj in collaboration with the CEEC organised the Annual Environment Festival of the year 2018 "Vasundhara : Celebrating Colours of the Earth", on 10th August 2018, at Delhi Public School, Vasant Kunj.

Ten Sub-events including Film Making, Essay Writing, Capture (Photography), Poster Making, Whizz Quiz, Bottle Glass Painting, Newspaper Dress Up, Product Designing, Poetry Writing and Nukkad Natak were held, which were aimed at expressing love and respect for planet earth through talent and passion, while generating awareness about environmental and social issues.

A total of **Twenty eight schools (i.e. over 500 students)** participated in the festival. The Overall Trophy was awarded to Amity International School, Pushp Vihar.

Club devoted over 100 hours in organizing and hosting the event, with the help of only 30 volunteers.



5. & 6. Zero Waste Campaign and Swachh Bharat Abhiyan

We in our school a 'No plastic zone', and with the help of TERI initiated the Tetrapak campaign. Now, the campaign has expanded to include other recyclables and aims at collecting dry-waste & sensitizing people.

Separate bins/cartons in classrooms for collection of recyclables like paper, cardboard, aluminium foil, tetrapaks, plastic, glass bottles, etc. Students volunteered to collect waste from the junior block of classes Nursery, Prep and I. The waste collected is recycled monthly.

Bake-Sales: Students volunteer to bake cupcakes which are "sold" in exchange for recyclable materials as currency, eg. 1 cupcake for 5 tetrapaks.

Extra Physical Education period for the cleanest class of the month, which makes maximum contribution.

Best Out Of Waste (junior school): Activities to promote the 4Rs: Students were taught how to make things (like mats, chappals, Tetrapak Wallets or T-Wallet, pencil stands etc.) by reusing tetrapaks.

Creative expressions: organized Intra- & Inter-class competitions like Debate, Nukkad Natak, Poster Making, Essay Writing, etc. for classes 6 to 10. Our school hosts the **Annual Inter School Environment Festival (since 2012)** every year.

Students collaborated with their neighbouring RWAs to set up **collection centres** for dry waste, ensuring proper disposal of household dry waste.

Parent Teacher Meetings - parents were also sensitized by pamphlets, posters, and street plays, etc.

Workshops and School Assemblies were organized with the help of guest speakers from various organisations including **Chintan, Toxics Links, Swechha, I-dream, Swaraj, SOS Foundation, TERI, Kids For Tiger** and other NGOs to name a few. The campaign was also shared regularly on Social media. **Zero waste campaign is a year round project the school has devoted over 200 hours to the same.**

Swachh Bharat Abhiyan is organized every year in October with Rotary Club Delhi Vasant Kunj. On the auspicious occasion of Gandhi Jayanti, 2 October 2018 Tuesday, the Interact club and RCD Vasant Kunj organized a Cleanliness Drive at Vasant Vatika Park, Vasant Kunj. In an effort to clean the area around the park by picking up the garbage, and sweeping the area with brooms. All trash was collected in and near the dustbin, then we requested an MCD garbage truck driver to collect it, ensuring its proper disposal.

The drive highlighted the importance of youth's involvement in social initiatives, and motivated the students to be action oriented and solve problems independently. The event was attended by 7 Rotarians, Ms. Adita Saxena, and the members. We devoted 5 hours to the same

We have been awarded the "Clean School of the Year" award by National Institute of Cleanliness Education and Research (NICER) . Out of 3000 schools only 30 schools were selected for this award. Our school won the prize for maximum E-waste collection during Microsoft Create to Inspire (1-dream), token of appreciation for its contribution and support to Project SEARCH, "World Cleanliness Education Award" by NICER, and the Paryavaran Rakshak award by TERI and GRIHA.



7. Craft Tree™-A Fundraiser

The members of the Environment Council and Interact Club of DPS Vasant Kunj organised a fundraiser stall under the name 'CraftTree™ - a fundraiser' at the annual Diwali fair of C-5, Vasant Kunj. Members from classes 7 to 11, contributed by making handicrafts, greeting cards and many baked goodies, quilling earrings, board games, etc. Items including diyas, greeting cards, quilling earrings, bookmarks, cloth bags (a follow up to the 'SAY NO TO PLASTIC campaign) etc, made by the students, were put up for sale. Everyone appreciated our efforts and commended our noble cause. The children from our school also readily volunteered at the stall, and were a great help. All the proceedings we made at the Carnival were donated to the school for blind. **Hours = approx. 50 hours. 100+ participants.**



8. & 9. Awareness Generation Campaign

Our club also organizes various annual awareness generation campaigns throughout the school year, which involve organization of workshops, assemblies, and Inter- as well as Intra-Class competitions.

Few major campaigns are:

1. **Anti-Cracker**- to discourage the practice of burning crackers and prevent further pollution of Delhi's air.
2. **Say No to Plastics**- this involved distribution of cloth bags made by students to all teachers. Members also volunteered to talk to shopkeepers in neighbouring areas urging grocery stores, dry cleaners, and bakeries to the vegetable and fruit vendors to eliminate the use of plastic packets and bags from their respective shops/stalls and reduce their usage as much as possible.
3. **Say NO to Tobacco** -to sensitize children about the harmful effects of Tobacco intake.
4. **Anti-Bullying**-to discourage bullying, and prevent children from developing mental health issues like anxiety, and stress because of bullying.
5. **Menstrual Hygiene** - in the Saarthi schools and our own school for girls aged between 10 to 12 years.
6. **Gender sensitization and women empowerment**-for classes 8 to 11 to promote equality and sensitize children about the need for women empowerment.
7. **Earth hour and Earth day celebration** through assemblies and workshops.
8. **Kids for Tigers** (Sanctuary)
9. **Swaraj** (Sustainable development)
10. **WWF One Planet Academy** - promote knowledge of Nature and Biodiversity,

11. **SOS-Wildlife protection** : sensitize students about the myths associated with wild animals that are not a threat to us, but are still killed because of assumptions eg Nonvenomous Snakes, and few reptiles.

12. **Breast Cancer**: primarily for teachers and female non-teaching staff.

13. **Climate Jamboree** (TERI and GRIHA)- The aim of the program is to put into action the ideas and initiatives suggested by the participants through six online events, namely, You Can, Photography, Art from Heart, Urban Shock, Chip and Tell Watt a Change. The Poster made by N. Sriya (XI-E) was shortlisted as one of the best 6 entries. The event saw participation from over 50 schools.

14. **Tree Plantation Drive**- As a part of the initiatives undertaken by the Government to reduce air pollution, a tree plantation drive was conducted in the school on 8th September 2018. Students, along with the Environment Club Incharge Ms. Adita Saxena, planted Ashoka trees in the school campus.

15. **Career Counselling Workshop** by Wings to Soar for students of class 11.

16. **Sparrow - my friend**.





10. Organized Olympiads

We also organized various Olympiads including TERI's Green Olympiad, WWF's Wild Wisdom Quiz, Globe Science and Environment Olympiad 2018, WISE 2018, Saviours Environment Competition, etc. to motivate students to learn about environment and EduHeal Interactive Olympiads (Science, English, Space Science, Cricket, & Art) were organised to enable them to answer challenging questions from the topics they studied in these subjects.

RESULT:

Globe Science and Environment Olympiad 2018: Subhajit Nayak of class 6th won the consolation prize in the Globe Science Olympiad at the national level.

EduHeal Olympiads Result: 5 students of classes 6-11 have qualified the Second Level of NISO.

Following is the number of medals won by our students in International General Knowledge Olympiad (IGO) and National Interactive Science Olympiad (NISO), respectively : IGO - 6 Gold, 3 Silver & 1 Bronze, and NISO- 5 Gold, 5 Silver & 2 Bronze.