



DELHI PUBLIC SCHOOL

Vasant Kunj, New Delhi

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NEWSLETTER FOR JUNIOR SCHOOL

SEPTEMBER-JANUARY (2015-16)

NURSERY -II

"Be an encourager. The world has plenty of critics already."

- Dave Willis

Dear Parent,

It has been a year full of learning and fun-filled activities. The children have become more confident and independent. They have added new vocabulary to their word bank, have acquired new skills and learnt new concepts.

We enjoyed celebrating Different Professions Week, in which the children were introduced to 'our helpers' in school, such as gardener, carpenter, electrician who showed the tools used by them and the work they do. The Health and Hygiene Week, Animal World Week, Christmas Carnival, Diwali Assembly and the Class 1 Annual Day were celebrated with great enthusiasm.

We are enlisting some activities that can be done at home to increase the attention span and fine and gross motor skills of the learners.

1. **Play Puzzles-** To start with, take a 3 piece- puzzle and graduate to puzzles with 4 pieces, 5 pieces, 6 pieces and so on.....(increase the level as soon as it becomes easy for the child).
2. **Memory Games-**
 - Show any random 6 items on a table. Cover them with a dupatta or a sheet. Ask the child to recall the number of things seen. (You can increase or decrease the number as per the convenience of the child). Give a time limit.
 - Record some of the sounds from the child's immediate environment and ask the child to guess the source of the sound.
 - Play 'Simon Says'.
3. Board Games, Snakes and Ladders, Card Games, Dice Games and Chess can be used to increase the attention span in children.
4. **Outdoor Play-** is a must for the children. Let them play outside for at least 1 hour in the evening, so that they can study with a fresh mind. Actions such as running, jumping rope, basketball, cricket, cycling are recommended to release the extra energy so as to increase the ability to focus optimally.
5. Involve your child in stimulating projects such as creative arts or expressive arts. You could get the child involved in drawing, painting or sketching. Additional options could include latch-hook and sculpting. For those who are interested, assembling model cars or airplanes might be a fun activity. Other items could include stringing beads or other similar activities.

6. **Remove the Distraction-** While doing a task give one clear instruction at a time. Go step by step. When we give multiple instructions altogether, the child gets lost in the instructions and finds it difficult to actually follow any one of them. It is important to let the child do one thing at a time, complete it and then move to the next work. For example- if the child is playing, let him play for a fixed amount of time and do not distract him with other instructions such as 'Drink the milk'.
7. **Make a Time Table** - Give him a time table to follow and follow it thoroughly. It gives the child the clarity about the day's activity and work. Don't disturb the time table by giving any extra time or making changes to it. Following a time table, he/she will be more organized and attentive.
8. **Give Reinforcement** - Give him stars, smileys, social appreciations, etc. to appreciate the child's effort, time to time. Also, change the type of reinforcement, time to time. Give him a positive feedback about herself/himself. Show you care.
9. Be positive and appreciate every little change in the child.
10. **Play-Dough** - Roll into tiny balls using only the fingertips, Use pegs or toothpicks to make designs on it.
11. Roll small balls out of tissue paper, and then glue the balls onto construction paper to form pictures or designs.
12. Attempt to turn over cards, coins, checkers, or buttons, without letting the same roll on to the edge of the table.
13. Do finger painting.
14. **Squeeze out a Sponge:** Set up two separate bowls, one filled with water and the other empty. Give your child a sponge and have her/him soak it in one bowl.
15. **Dot to Dot:** Children need to draw lines with the markers to connect the dots on the paper.
16. **Pinching Sand:** Sand art is a great fine motor activity because children can pinch the sand with their fingers to play or make some art work from sand.
17. **Lego:** It is a great source of building not just fine motor skills but also promoting the child's imagination and creativity.

For the safety and security of your child, we request your cooperation in the following:

- Please take prior appointment by sending an email to the Principal if you wish to meet a teacher.
- Children travelling privately should be dropped at Gate number 3.
- Talk to your child regularly about discipline, good and bad habits, bullying etc.

Thank you all for your cooperation.

We look forward to your continued support.



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NEWSLETTER FOR JUNIOR SCHOOL

NOVEMBER-FEBRUARY (2015-16)

CLASSES : III - V

Dear Parents,

Greetings to you all from the Delhi Public School, Vasant Kunj family.

We have successfully come to an end of another academic year whereby we can proudly say that we were able to achieve the goals and provide a wholesome, holistic growth to our young learners with the help of an effective home and school partnership.

We would like to thank our parents for wholeheartedly supporting us in every endeavour undertaken by the school. Your presence made “**Jashn-e-Bachpan**”- the Annual Cultural and Sports Extravaganza based on the theme -WORLD IS ONE FAMILY a huge success, wherein almost 1000 students from the Junior school participated in the event and mesmerised the audience with their energetic performances.

The Environmental Science Festival, JIGYASA was organized by the school wherein around 750 children of Classes III to V participated with zest and zeal. The scintillating event comprised of impressive array of various competitions for children like States Pavilion Competition, Science Toy Making Competition, Eco-Friendly Rangoli Making Competition, Inter House Folk Dance Competition, Traffic and Safety Quiz and various other class competitions. The highlight of the event was an exhibition of working science models and science games made by the children of Classes III to V. The awe-inspiring event was a huge success wherein the parents came in large numbers and encouraged our budding scientists and environmentalists.

The school recently also organised the following events for the students:

1. A workshop was organized for the students of class V on the topic “Growing Up” by a resource person from The Times Of India in the month of November. The problems of adolescence, anger management, peer pressure and other behavioural issues were some points deliberated upon.
2. The computer department of the junior school conducted a workshop for the students of classes 4 and 5 on Cyber Bullying in the month of December. The emphasis was on educating the young minds about internet etiquettes, social networking and the role of parents in ensuring the safety of their young ones while exploring the world of computers.
3. Remedial teaching classes have been started for the academically weaker students of class 3. Teachers are devoting extra time to these children to help them cope with the work done in the class and to bridge the gaps in learning.
4. Common Revision Assignment is being organized by the Delhi Public School Society for class 5 students of its core schools in the month of February. The purpose of the assessment is to test the thorough understanding of the subject and application of knowledge attained by the students.

5. Inter House Hindi Short Play Competition for the students of classes 3-5 was held in the month of February to present a platform for the children to showcase their theatrical skills.

Kindly note that any indiscipline and inappropriate behaviour in the school premises shall not be taken lightly by the school and is liable for a strict action wherein the school may issue a Yellow Card followed by suspension. Kindly refer to the school Almanac for the disciplinary action the school may take.

Parents are requested to come to the school with a prior appointment by sending a note in the almanac or dropping a mail to the school's principal. This is to ensure security of the students and smooth functioning of the school.

The SA2 examination are beginning from the first of March and the school expects full support from the parents. Please ensure that the work of your ward is complete and timely corrected by the teachers. Kindly note that unexplained absence for more than five consecutive days renders the student liable to have his/her name struck off the rolls. Students who are sick should bring a medical certificate from the doctor on joining school. Students who do not take their semester examinations due to illness or some unforeseen mishap will be eligible for the scholar badges as per the school rules.

Here are some examination tips for the students to help them in doing well in the papers in a stress free environment:

1. **Be prepared:** Have all your notebooks, workbooks and books at place.
2. **Make a plan:** Work out how much time you have to revise and plan how you can use it best by making a timetable.
3. **Eat well:** Keep your blood sugar levels steady and avoid processed, sugary foods like biscuits, sweets and chocolates.
4. **Relax:** If you are really anxious, find a calm, quiet space and try breathing deeply in and out for a few moments. Get some exercise as it helps in dealing with exam stress.
5. **Keep it in perspective:** If you feel you have really messed up an exam, worrying about it won't help and may reduce your chances of doing well in other exams.

The school would like to take this opportunity to wish the students and the parents all the best for the forthcoming examination and the new session.